

3. race

# DEAF BERGLAUF CUP 2015

(MOUNTAIN RUN)

Organization of the club AVS Ratschings/Raiffeisen in cooperation with Südtiroler Gehörlosen Sportgruppe 25th edition of the mountain run from Ratschings up Wasserfalleralm.

**Can participate:** everyone, the fun and joy at running has. A club affiliation is not binding. There is also a category for hikers.

**Venue and issuing of the start number:** To 8:00 by Pizzeria "Zum Sepp" in Innerratschings /Ratschings

**Transport of clothes:** Transport of clothes to the finishing area until 9:25.

**Descent after the race:** All participants get a voucher for the descent with the gondola after the race.

**Start:** 09:30 by Pizzeria zum Sepp

**Course route:** 6,1km long - 660m altitude

**Liability:** each participant starts on own danger and responsibility!

## Sunday, 13th September 2015 in Ratschings / South-Tyrol ITA

### Categories:

Women: D1 1971 and younger, D2 1970 and older  
Men: H1 1981 and younger, H2 1980-1966, H3 1965 and older

**Hikers:** It doesn't count whoever is the fastest. Among the participants, some beautiful gift packages are cast lots for. The start time is concurrent with the mountain run. it must to control stations by km 3, the time limit amounts exactly to 2 hours from start. A time appraisal for the hikers is nevertheless produced.  
**Attention:** no points vor the „Deaf Berglauf Cup“

**Start fee:** 20,00.- €


Included: descent with the gondola, Each participant gets a Funktions-T-Shirt.

### Pricing ceremony:

By cottage „Wasserfalleralm“ to ca. 13:00 with start-number raffle of many beautiful prices among all present participants. .

### Registration:

until **6th September** with indication size T-Shirt Größe by Martin Larch  
E-Mail: martin.larch66@gmail.com or online by Website [www.deaf-berglauf.jimdo.com](http://www.deaf-berglauf.jimdo.com)

 Allpunkt  
 di controllo  
 egung (Wasser)  
 (acqua)



**13. 09. 2015**  
www.svratschings.org



corsa in montagna - racines - Wasserfalleralm



Südtiroler Gehörlosen SG

[www.deafsport-suedtirol.org](http://www.deafsport-suedtirol.org)

START/Partenza



Ratschings / Racines



[www.svratschings.org](http://www.svratschings.org)

Hauptlauf / Percorso principale