



Gehörlosen-Sportverein von Tirol

Mitglied des Österreichischen Gehörlosen-Sportverbandes

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1. DEAF BERGLAUF CUP 2014

**Sunday, 08th of June 2014
in Mieders/Stubaital**

Organizer:
GSV Tirol

conditions of participation: "Anyone who is healthy and fit, can run"

- no medical service along the route
- food at the mountain peak (snacks on the route, only if the weather is hot)
- each participant will receive a reminder gift and a plate full of pasta, until the stomach bursts
- transfer of personal belongings (until 9.45 am)
- you can choose the way down by cable car or by toboggan run (only in dry weather)

meeting point: 8.45 am at the valley station „Hochserlesbahn“ in Mieders

start: 10.00 am – valley station „Hochserlesbahn“ Mieders

route: ca. 5,5 km – 640 hm (modifications possible)

categories: ladies: D1 1970 and younger, D2 1969 and older
men: H1 1980 and younger, H2 1979 - 1965, H3 1964
for older walkers: no result list, and no points for the ranking „Deaf Berglauf Cup“

entry fee: € 20, - (Included: reminder gift package, pasta, downriver trip)

Late registration is possible, at the start point until 9:30 am, € 22, -

registration: entry Sunday, 1st June 2014
Email to: andrea.rieser@gmail.com or gsv-tirol@gmx.at and
martin.larch66@gmail.com

honor: Mountain Restaurant Koppeneck (Hochserles, 1620m) at 14.00

liability: Participants must be aware that the race requires good physical preparation. There are no sticks allowed. The organizer does not provide any liability for personal injury and property damage, during and after the race. Participation is at your own risk.



Gemeinde
Mieders

